BLINK TO SPEAK

EYE LANGUAGE GUIDE
ENGLISH
Quiet people have the loudest minds.

Stephen Hawking
Blink To Speak, the world’s first eye language is a simple communication method created to help paralyzed people who have difficulties in speech. It is helpful for patients suffering from ALS / MND (Amyotrophic Lateral Sclerosis / Motor Neuron Disease), spinal cord injury (Quadriplegia – paralyzed below neck), cerebral palsy, heazd injury, stroke, cerebellar ataxia, multiple sclerosis, parkinson’s disease and any other neuro-degenerative disorder. A patient on a mechanical ventilator, with an alert mind, can also use it. These can be patients in an ICU (Intensive Care Unit) or patients with Bi-pap, C-pap or a home ventilator. This language will ease communication between patients and caregivers / family members. It can be a permanent or temporary aid for communication.

To set an appointment with a Blink To Speak Trainer, please reach out to Dr. Hemangi Sane, Founder President of Asha Ek Hope Foundation & Deputy Director of NeuroGen Brain and Spine Institute or Geet Rathi, Creative Director and founder, Blink To Speak from TBWA India and Volunteer with Asha Ek Hope Foundation.

Special thanks to Late Mr. Laxmi Narain.
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A few steps that will help you Blink To Speak
1. There are eight key alphabets in the eye language.

2. Various combinations of eye movements have been used to convey the most commonly used messages.

3. Always remember to leave adequate time intervals between two eye movements.

4. Every sign can be repeated many times to convey the message clearly.

5. Start with the first 15 signs in the first month. Gradually grow your vocabulary with 25 new signs every month.

6. The last page of the book has an Alphabet Page. You can use this system for conveying words missing in the assigned signs.

7. There are six extra signs for you. Use these to assign personal messages for your loved one.
The alphabets of Blink To Speak
Shut

Blink

Left

Right

Up

Down

Wink

Roll
Long hold of shut eyes

Start
Stop
Furious blinking

Wrong
1 Blink

Yes
2 Blinks

No

x 2

SIZE: 15(w) X 20(h) cms
3 Blinks

I’m okay

SIZE: 15(w) X 20(h) cms
1 Left
1 Right
1 Blink

I’m not okay
1 Blink
1 Left

Call guardian
SON / DAUGHTER / HUSBAND / WIFE / MOTHER / FATHER

SIZE: 15(w) X 20(h) cms
1 Blink
1 Right

Call doctor
4 Blinks

I want to sleep
Breathlessness

Keep looking left
1 Left
1 Right

A

B

Water
1Blink
1Up

Heartache
How are you?
Furious winking
Point at each option and wait for reaction

Yes = 1 Blink

No = 2 Blinks
1 Long close
Furious blinking

Danger
Point at each option and wait for reaction

- SOMEONE IS HURTING ME
- SEXUAL ABUSE
- THIEF
- CALL POLICE

Yes = 1 Blink
No = 2 Blinks
I have a problem
Point at each option and wait for the reaction.

- Feeling Cold
- I Want to Spit
- Feeling Hot
- Food Stuck in Teeth
- Headache

Yes = 1 Blink
No = 2 Blinks
2 Winks
1 Roll

Transfer
Point at each option and wait for reaction

- CHAIR
- BED
- SOFA
- WHEELCHAIR
- DINING TABLE

Yes = 1 Blink  No = 2 Blinks
3 Winks

I love you
1 Up
1 Wink

I’m sorry
1 Right Wink
1 Left Wink
2 Blinks

Thank you
1 Up
1 Down
2 Blinks

I need a hug
1 Wink

Let’s talk
1 Blink
1 Up
1 Wink

Let’s go out in the open
1 Left
1 Right
1 Wink

I want to go home
I want to meet my pet
Congratulations!

2 Blinks
1 Roll
2 Blinks

A

B

C

x 2

x 2
I’m proud of you

2 Blinks
1 Long close

A

B

x 2
1 Wink
1 Blink

I’m in pain
Point at each option and wait for reaction

Yes = 1 Blink  No = 2 Blinks
1 Roll
1 Wink

Change position
Point at each option and wait for reaction

SIT

LIE STRAIGHT

TURN LEFT

TURN RIGHT

Yes = 1 Blink

No = 2 Blinks
I feel like eating
Point at each option and wait for reaction

FRUITS  MY FAVOURITE  COLD BEVERAGE

SWEET / DESSERT  SPICY FOOD  HOT BEVERAGE

Yes = 1 Blink  No = 2 Blinks
1 Roll

Entertainment
Point at each option and wait for reaction

TV  MUSIC  NEWSPAPER

TABLET  MOVIE

Yes = 1 Blink  No = 2 Blinks
1 Roll
1 Blink

Electrical appliance

A

B
Point at each option and wait for reaction

Yes = 1 Blink  No = 2 Blinks
2 Left winks
2 Right winks

Wipe
Point at each part and wait for reaction.

Yes = 1 Blink

No = 2 Blinks
Keep looking right

Move
Point at each part and wait for reaction

Yes = 1 Blink
No = 2 Blinks
1 Wink
2 Blinks

A

B

x 2

Massage

SIZE: 15(w) X 20(h) cms
Point at each part and wait for reaction

Yes = 1 Blink
No = 2 Blinks
1 Blink
1 Roll
1 Wink
Point at each part and wait for reaction

Yes = 1 Blink  
No = 2 Blinks
2 Blinks
1 Up

Lift
Point at each part and wait for reaction

Yes = 1 Blink  No = 2 Blinks
1 Left Wink
1 Blink
1 Right Wink

Wash
Point at each part and wait for reaction

Yes = 1 Blink  No = 2 Blinks
2 Right winks
2 Left winks

A

B

Scratch

SIZE: 15(w) X 20(h) cms
Point at each part and wait for reaction

Yes = 1 Blink
No = 2 Blinks
2 Winks
1 Blink

A

x 2

B

Change

SIZE: 15(w) X 20(h) cms
Point at each option and wait for reaction

CLOTHES

PILLOW / PILLOW COVER

DIAPER

BEDSHEET / BLANKET

Yes = 1 Blink

No = 2 Blinks
2 Winks
2 Blinks

A

B

x 2

x 2

Adjust
Point at each option and wait for reaction

Yes = 1 Blink
No = 2 Blinks
1 Up
1 Down
1 Wink

A

B

C

Happy

BIRTHDAY / ANNIVERSARY / FESTIVAL / MOTHER'S DAY

SIZE: 15(w) X 20(h) cms
1 Up
1 Down
2 Winks

A

B

C

x 2

SIZE: 15(w) X 20(h) cms
1 Roll
1 Blink
1 Roll
1 Wink

A

B

C

D

SIZE: 15(w) X 20(h) cms
1 Left
2 Blinks
1 Right

A

B

C

x 2
1 Right
1 Left
3 Blinks

A

B

C

x 3

SIZE: 15(w) X 20(h) cms
1 Left wink
2 Right winks

A

B x 2

SIZE: 15(w) X 20(h) cms
2 Left winks
1 Blink
2 Right winks

A

B

C

x 2
1 Blink
1 Roll
1 Blink

A

B

C

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