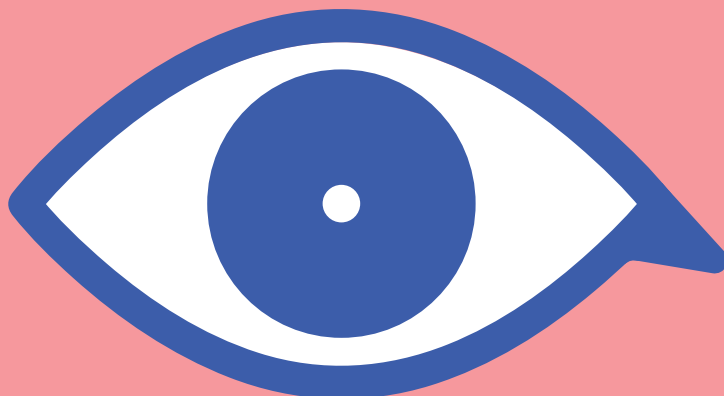


BLINK **TO SPEAK**



EYE LANGUAGE GUIDE
ENGLISH

Quiet people have the loudest minds.

Stephen Hawking

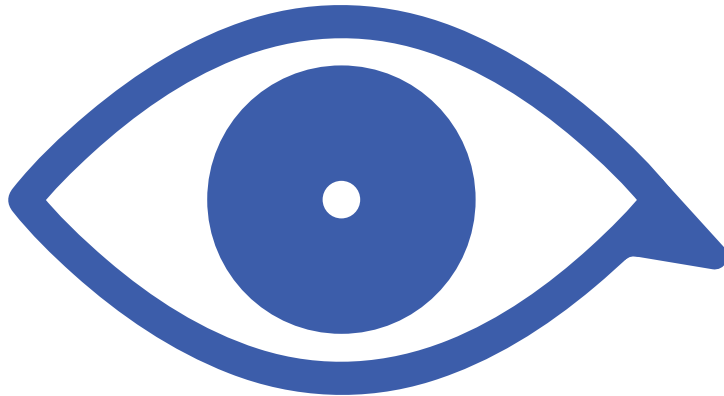
Blink To Speak, the world's first eye language is a simple communication method created to help paralyzed people who have difficulties in speech. It is helpful for patients suffering from ALS / MND (Amyotrophic Lateral Sclerosis / Motor Neuron Disease), spinal cord injury (Quadriplegia – paralyzed below neck), cerebral palsy, head injury, stroke, cerebellar ataxia, multiple sclerosis, parkinson's disease and any other neuro-degenerative disorder. A patient

on a mechanical ventilator, with an alert mind, can also use it. These can be patients in an ICU (Intensive Care Unit) or patients with Bi-pap, C-pap or a home ventilator. This language will ease communication between patients and caregivers / family members. It can be a permanent or temporary aid for communication.

To set an appointment with a Blink To Speak Trainer, please reach out to Dr. Hemangi Sane, Founder President of Asha Ek Hope Foundation & Deputy Director of NeuroGen Brain and Spine Institute or Geet Rathi, Creative Director and founder, Blink To Speak from TBWA India and Volunteer with Asha Ek Hope Foundation.

Special thanks to Late Mr. Laxmi Narain.

BLINK TO SPEAK

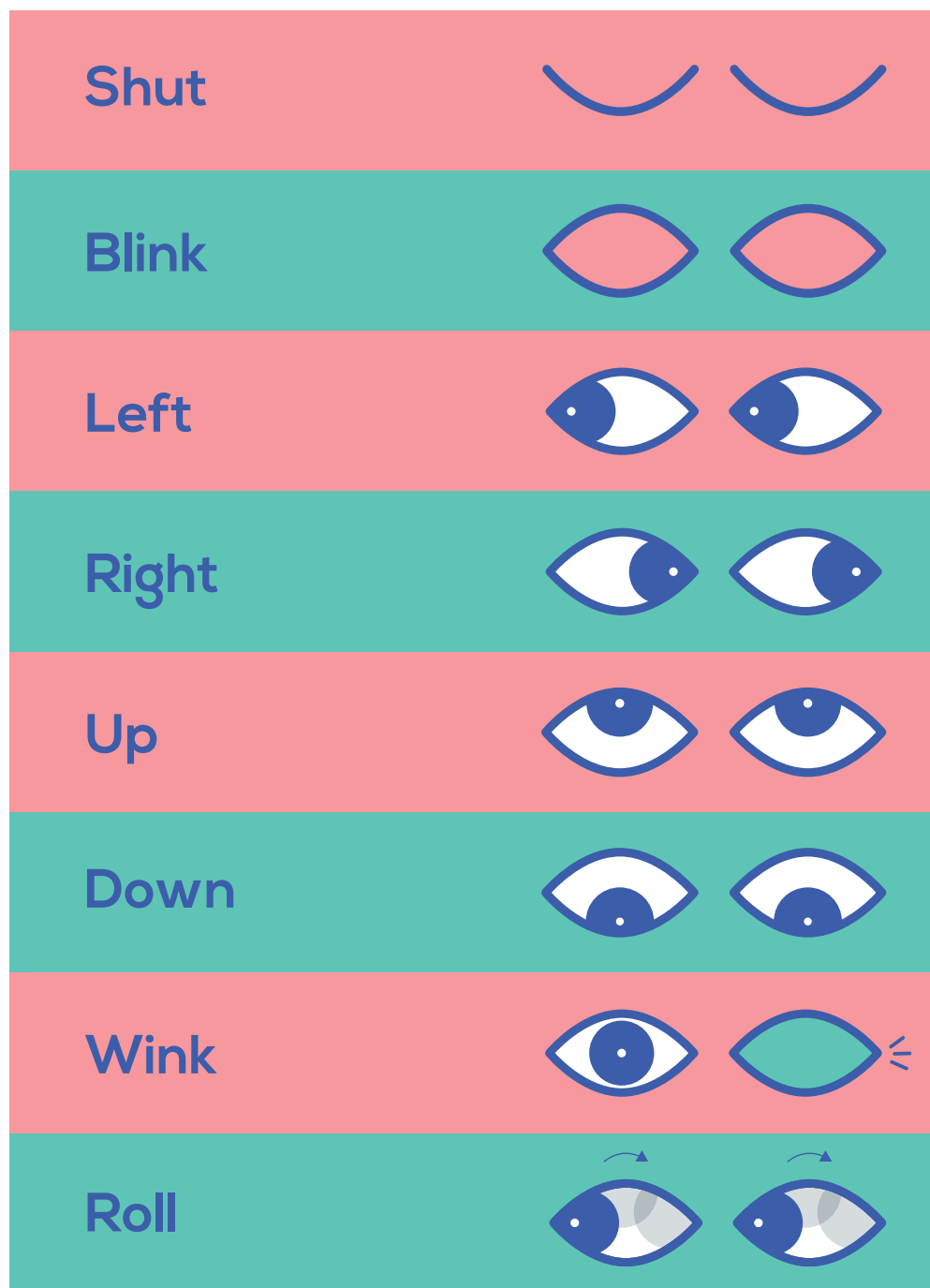


**EYE LANGUAGE GUIDE
ENGLISH**

A few steps that will
help you **Blink To Speak**

1. There are eight key alphabets in the eye language.
2. Various combinations of eye movements have been used to convey the most commonly used messages.
3. Always remember to leave adequate time intervals between two eye movements.
4. Every sign can be repeated many times to convey the message clearly.
5. Start with the first 15 signs in the first month. Gradually grow your vocabulary with 25 new signs every month.
6. The last page of the book has an Alphabet Page. You can use this system for conveying words missing in the assigned signs.
7. There are six extra signs for you. Use these to assign personal messages for your loved one.

The alphabets of Blink To Speak

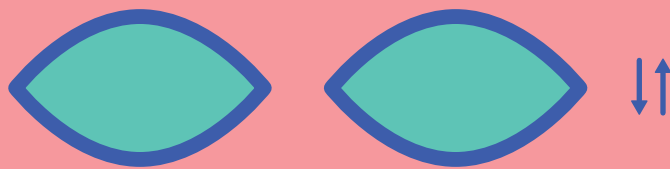


**Long hold
of shut eyes**



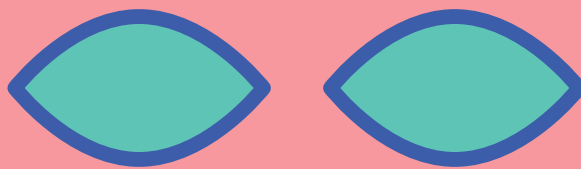
**Start
Stop**

**Furious
blinking**



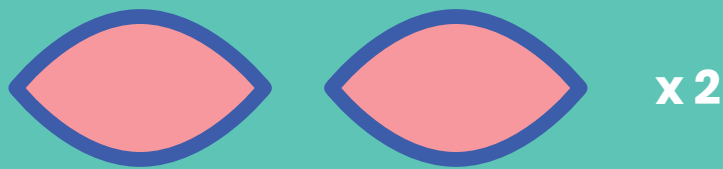
Wrong

1 Blink



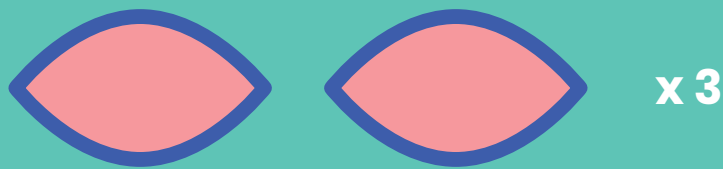
Yes

2 Blinks



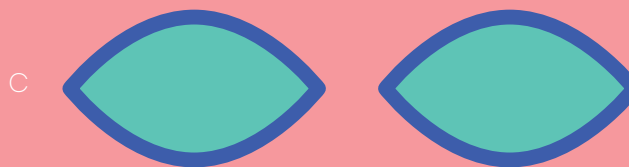
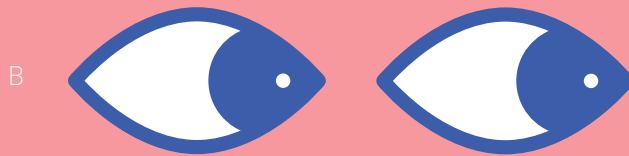
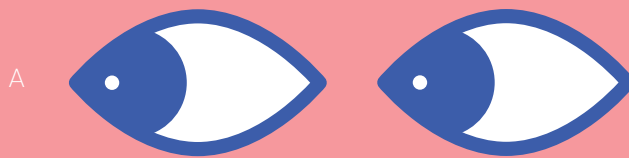
No

3 Blinks



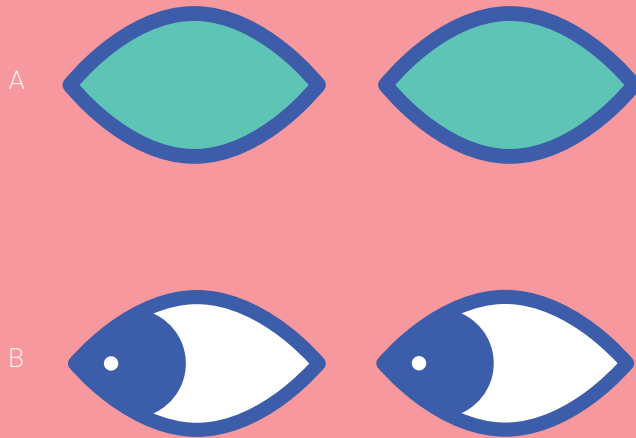
I'm okay

**1 Left
1 Right
1 Blink**



I'm not okay

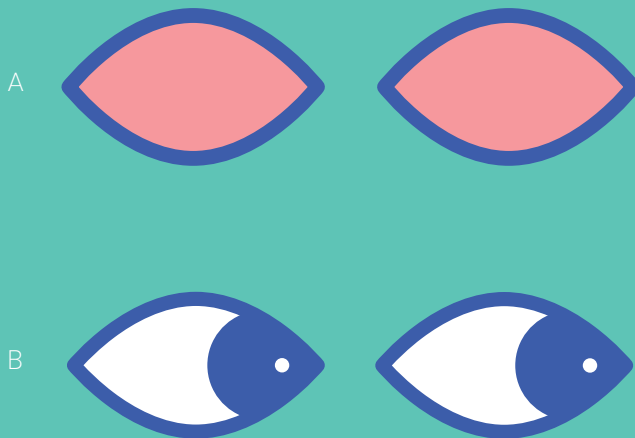
1 Blink
1 Left



Call guardian

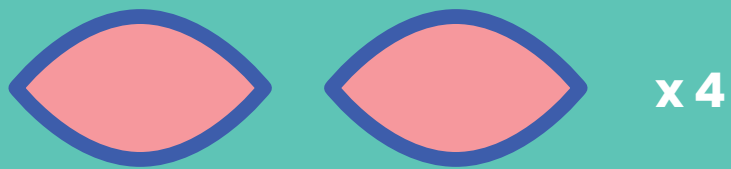
SON / DAUGHTER / HUSBAND / WIFE / MOTHER / FATHER

**1 Blink
1 Right**



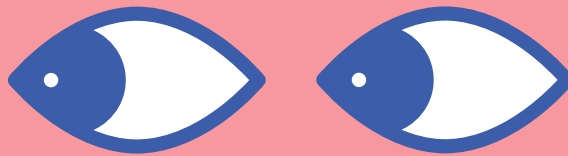
Call doctor

4 Blinks



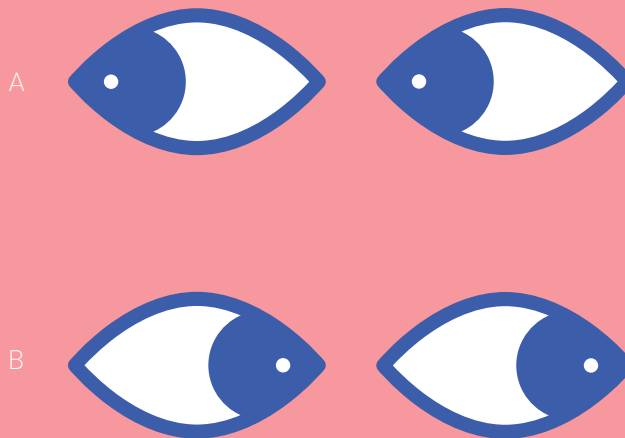
I want to sleep

Keep looking left



Breathlessness

**1 Left
1 Right**



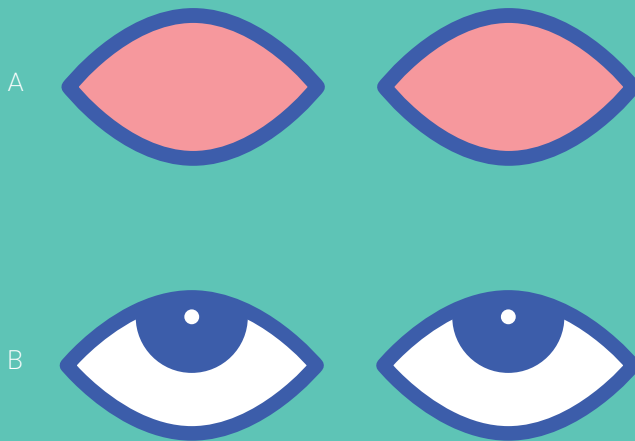
Water

1 Up



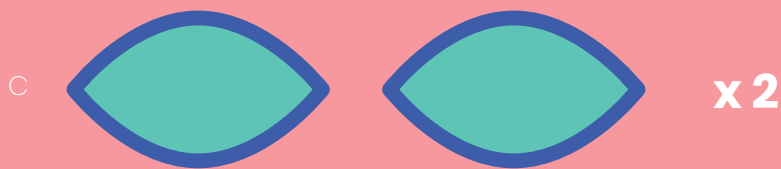
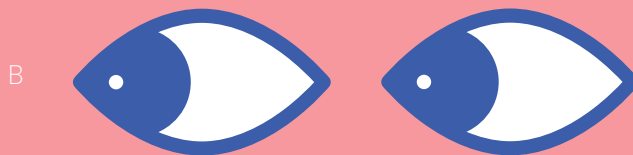
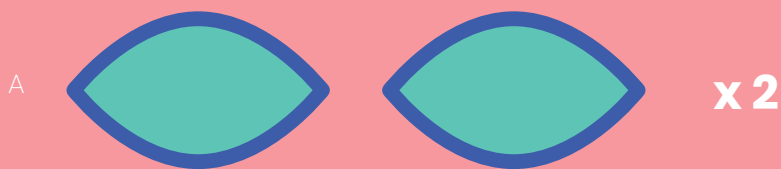
Toilet

1 Blink
1 Up



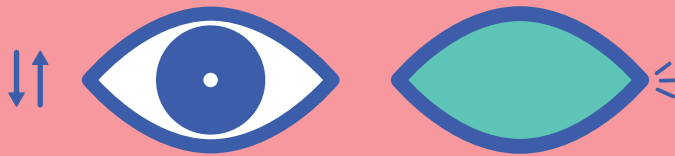
Heartache

2 Blinks
1 Left
2 Blinks



How are you?

Furious winking



Emergency

Point at each option
and wait for reaction



DIZZINESS



NOSE BLOCK



CRAMPS



PALPITATIONS



CHOKING

Yes = 1 Blink

No = 2 Blinks

1 Long close Furious blinking



Danger

**Point at each option
and wait for reaction**



**SOMEONE IS
HURTING ME**



SEXUAL ABUSE



THIEF



CALL POLICE

Yes = 1 Blink

No = 2 Blinks

2 Winks



I have a problem

**Point at each option
and wait for reaction**



FEELING COLD



I WANT TO SPIT



FEELING HOT



FOOD STUCK IN TEETH

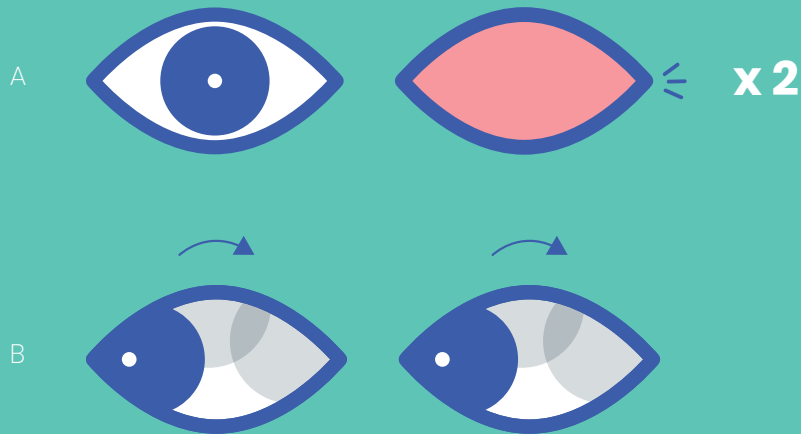


HEADACHE

Yes = 1 Blink

No = 2 Blinks

2 Winks 1 Roll



Transfer

**Point at each option
and wait for reaction**



CHAIR



BED



SOFA



WHEELCHAIR



DINING TABLE

Yes = 1 Blink

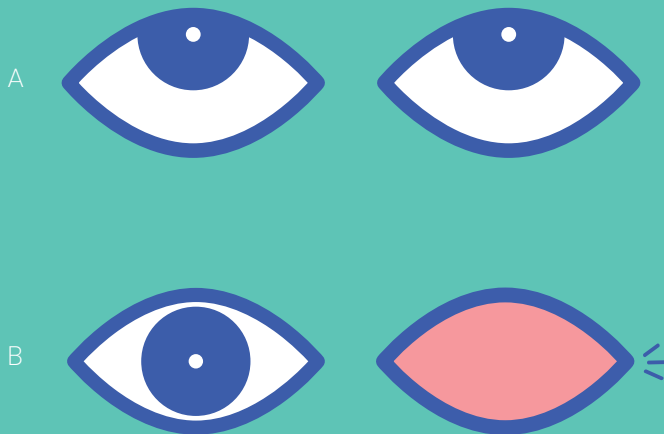
No = 2 Blinks

3 Winks



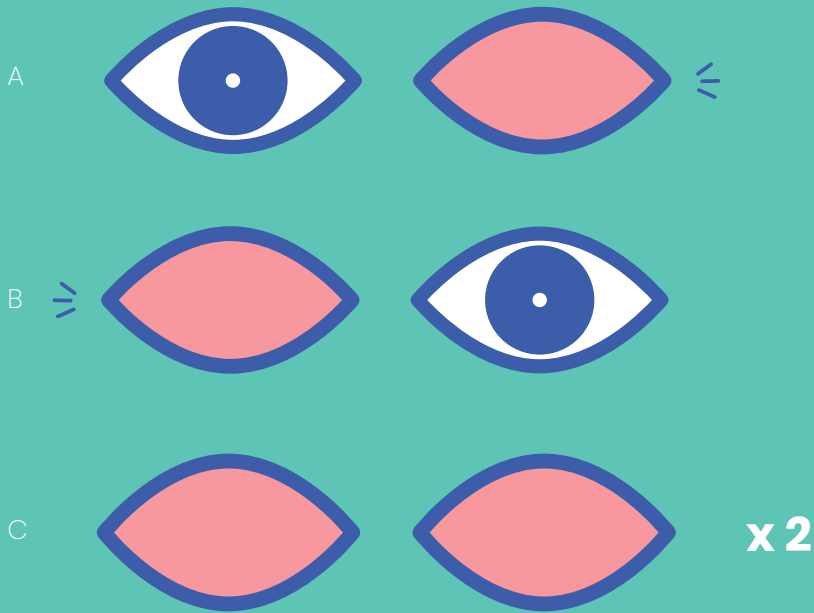
I love you

1 Up
1 Wink



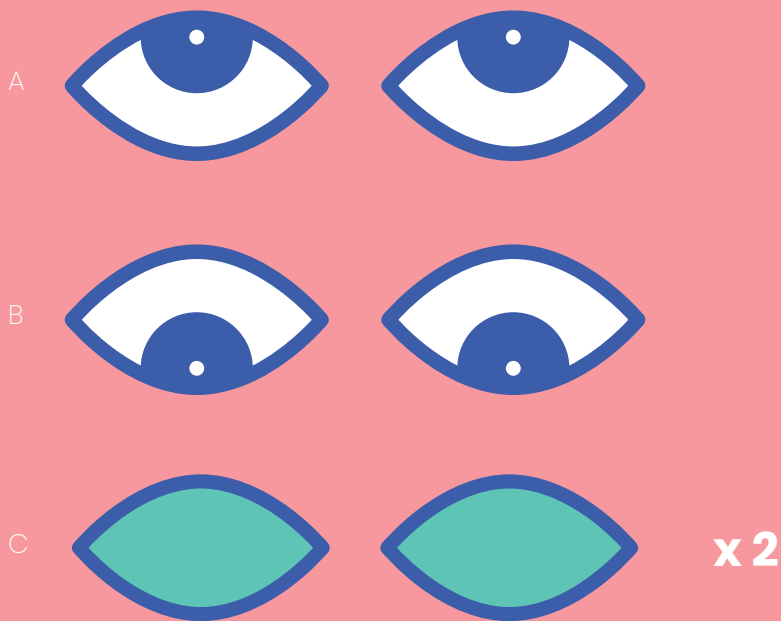
I'm sorry

1 Right Wink
1 Left Wink
2 Blinks



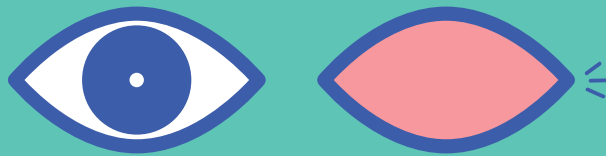
Thank you

**1 Up
1 Down
2 Blinks**



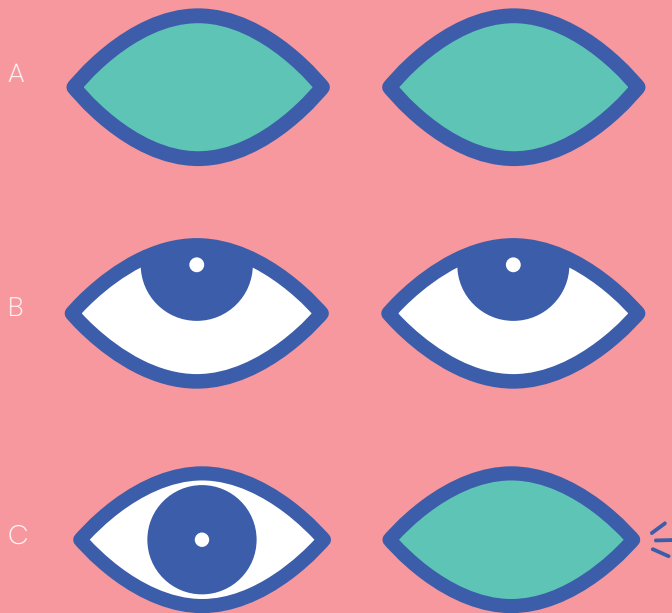
I need a hug

1 Wink



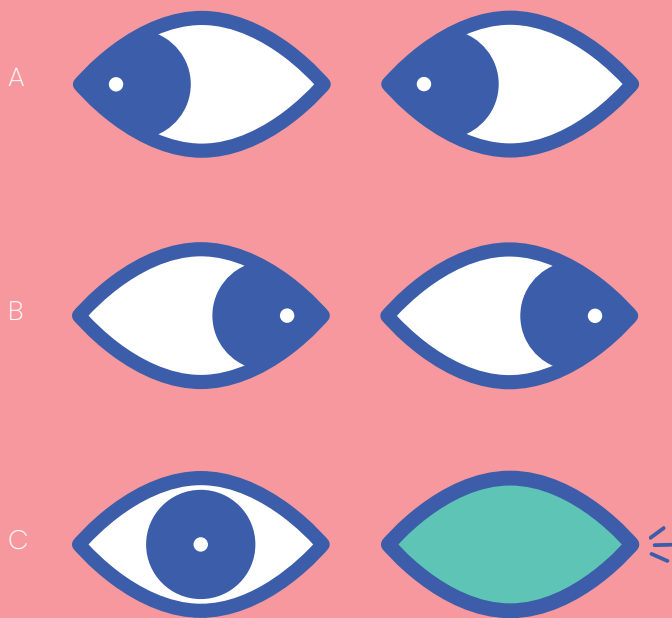
Let's talk

1 Blink
1 Up
1 Wink



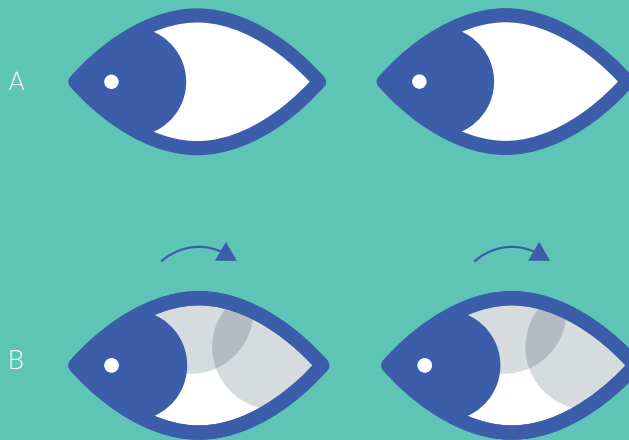
Let's go out in the open

**1 Left
1 Right
1 Wink**



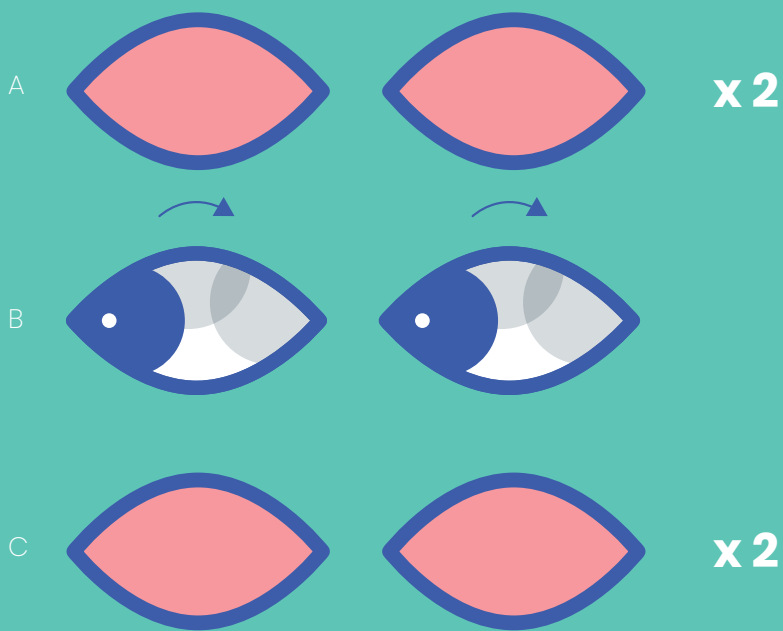
I want to go home

1 Left
1 Roll



I want to meet my pet

2 Blinks
1 Roll
2 Blinks



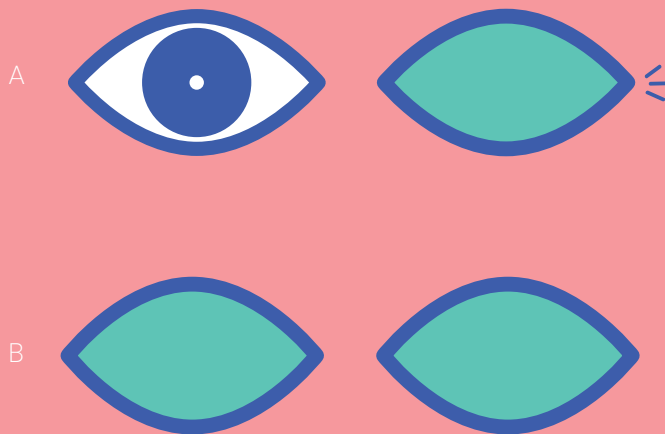
Congratulations!

2 Blinks
1 Long close



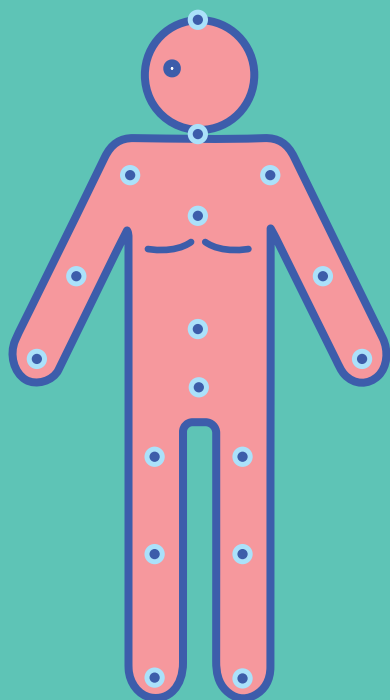
I'm proud of you

1 Wink
1 Blink

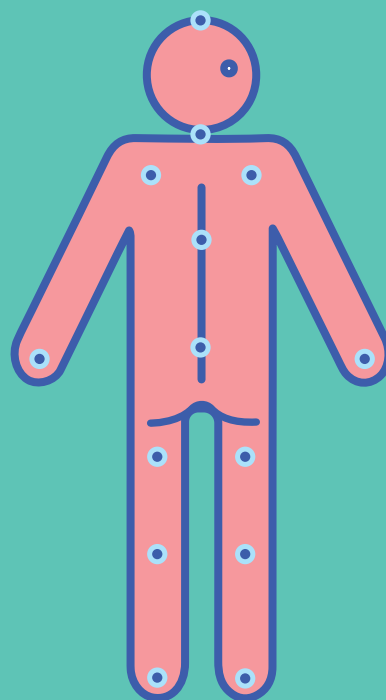


I'm in pain

Point at each option
and wait for reaction



FRONT

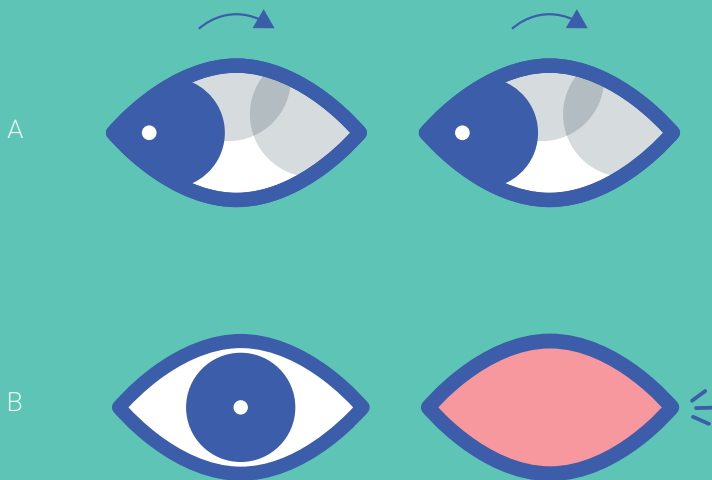


BACK

Yes = 1 Blink

No = 2 Blinks

1 Roll
1 Wink



Change position

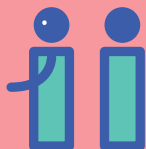
**Point at each option
and wait for reaction**



SIT



LIE STRAIGHT



TURN LEFT



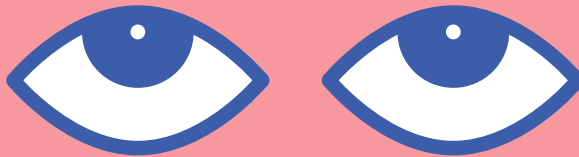
TURN RIGHT

Yes = 1 Blink

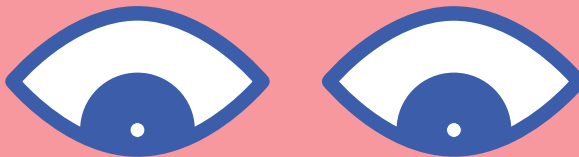
No = 2 Blinks

**1 Up
1 Down**

A



B



I feel like eating

**Point at each option
and wait for reaction**



FRUITS



MY FAVOURITE



COLD BEVERAGE



SWEET / DESSERT



SPICY FOOD

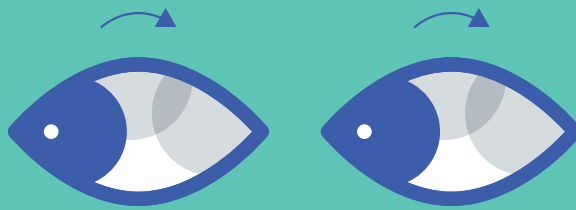


HOT BEVERAGE

Yes = 1 Blink

No = 2 Blinks

1 Roll



Entertainment

**Point at each option
and wait for reaction**



TV



MUSIC



NEWSPAPER



TABLET

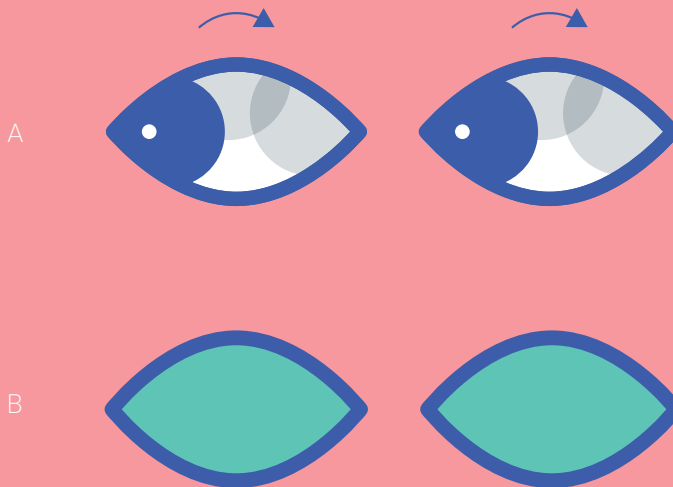


MOVIE

Yes = 1 Blink

No = 2 Blinks

1 Roll
1 Blink



Electrical appliance

Point at each option
and wait for reaction



FAN



AC



LIGHT



TV



HEATER



INCREASE

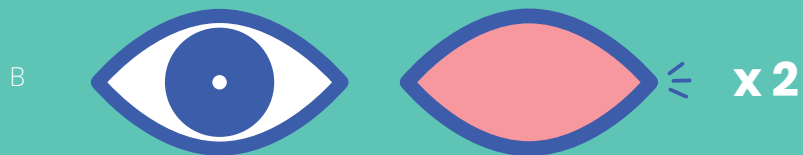
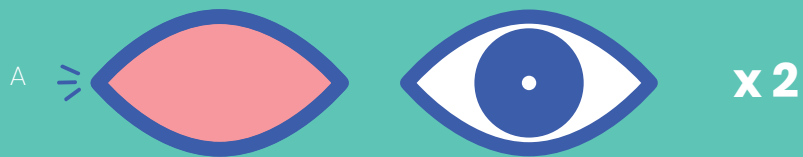


DECREASE

Yes = 1 Blink

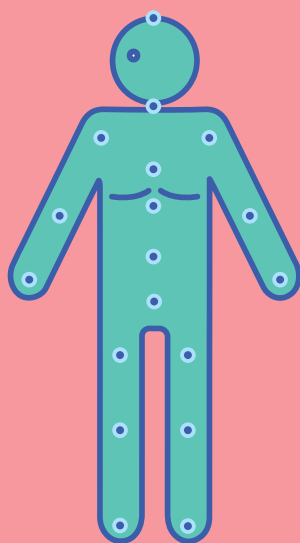
No = 2 Blinks

2 Left winks
2 Right winks

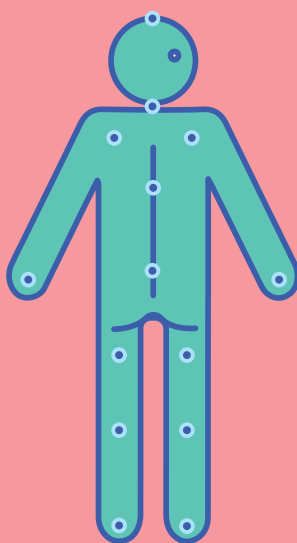


Wipe

**Point at each part
and wait for reaction**



FRONT



BACK

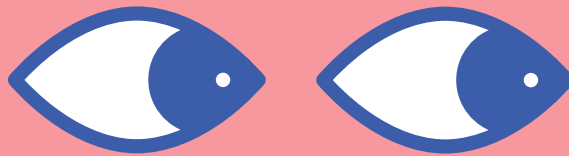


FACE

Yes = 1 Blink

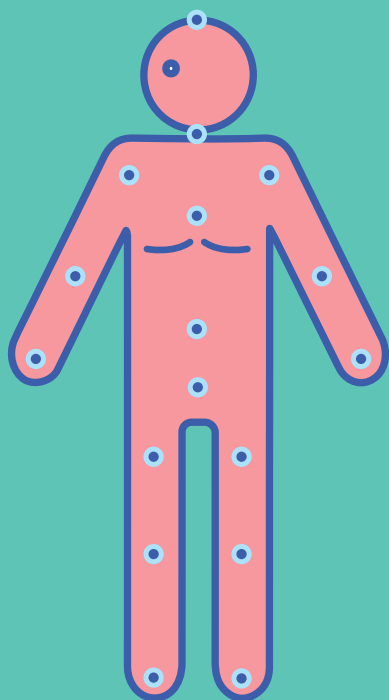
No = 2 Blinks

Keep looking right

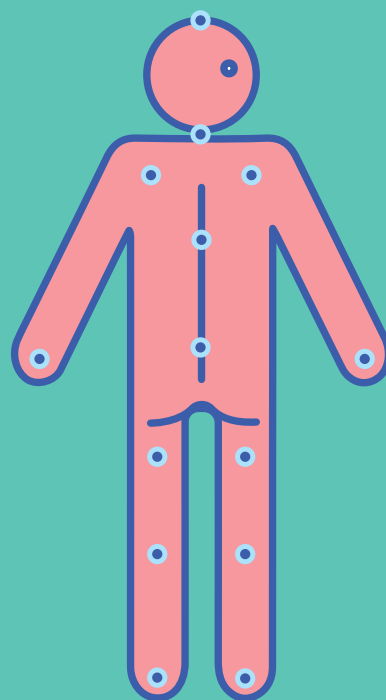


Move

Point at each part
and wait for reaction



FRONT

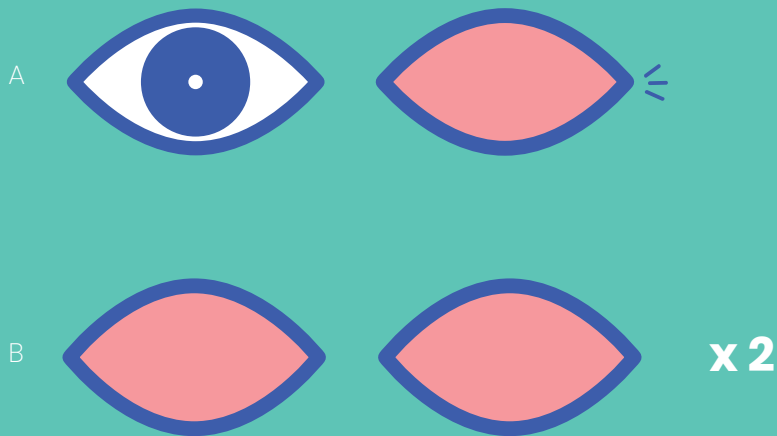


BACK

Yes = 1 Blink

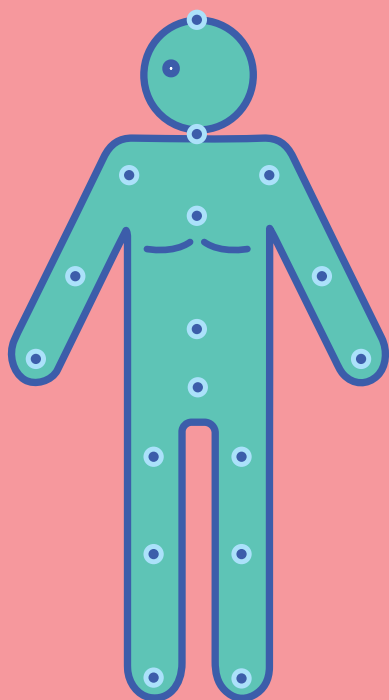
No = 2 Blinks

**1 Wink
2 Blinks**

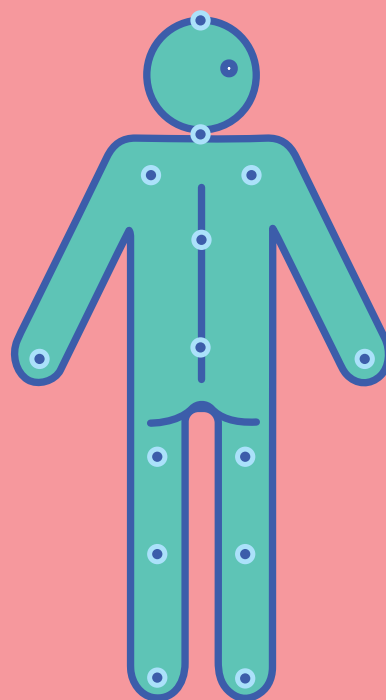


Massage

**Point at each part
and wait for reaction**



FRONT

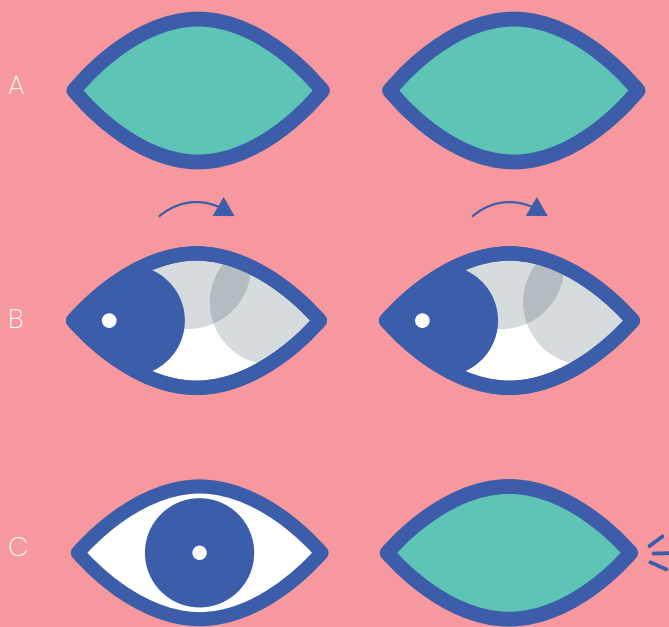


BACK

Yes = 1 Blink

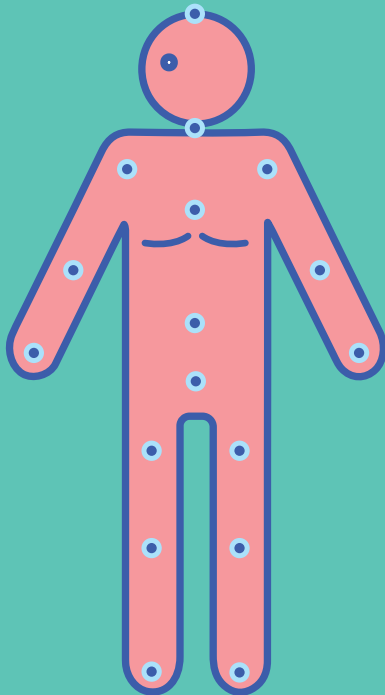
No = 2 Blinks

1 Blink
1 Roll
1 Wink

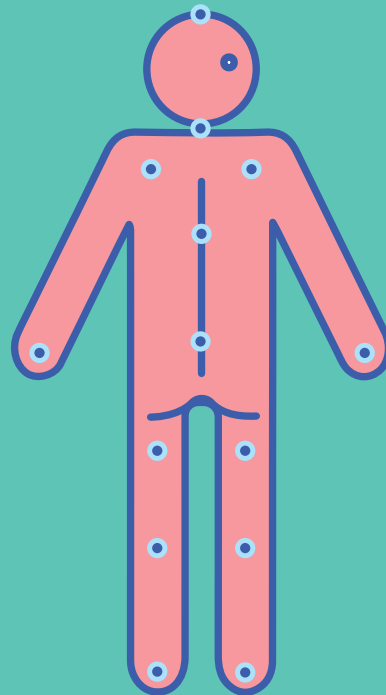


Hold

Point at each part
and wait for reaction



FRONT

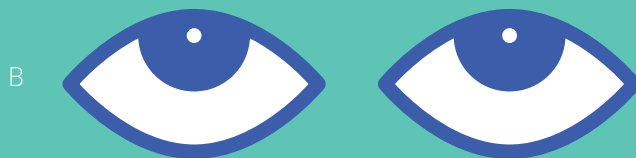
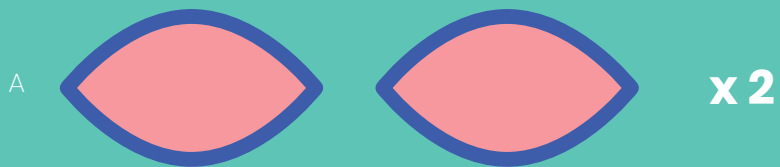


BACK

Yes = 1 Blink

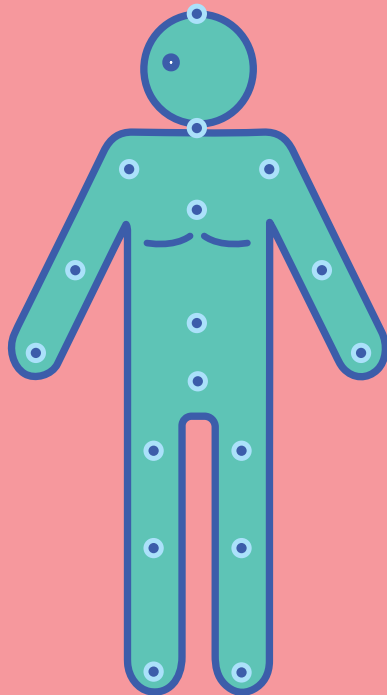
No = 2 Blinks

2 Blinks
1 Up

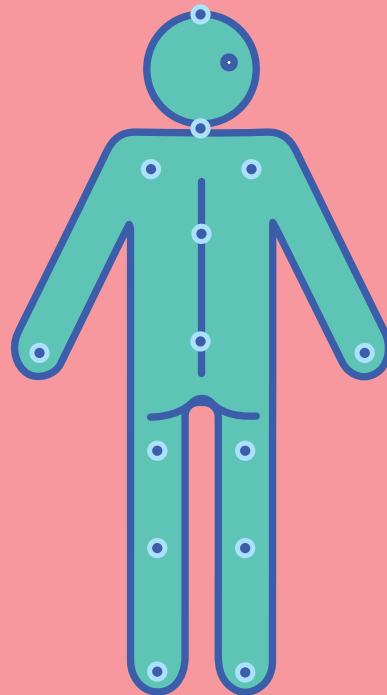


Lift

**Point at each part
and wait for reaction**



FRONT

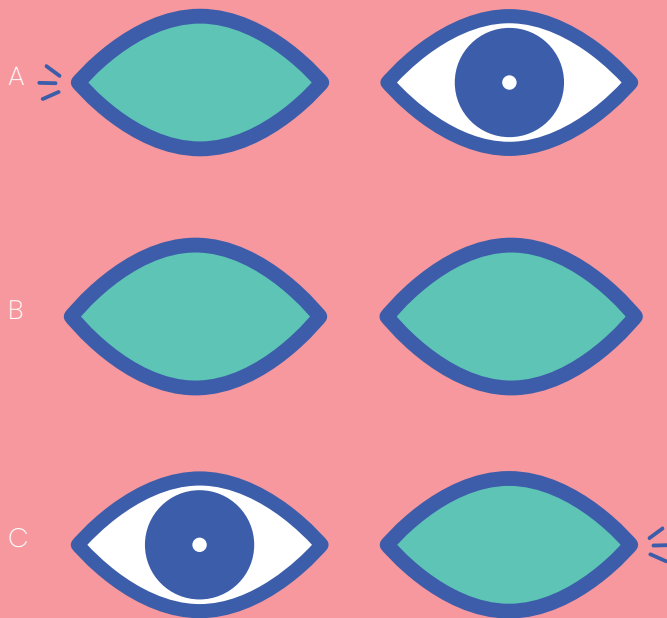


BACK

Yes = 1 Blink

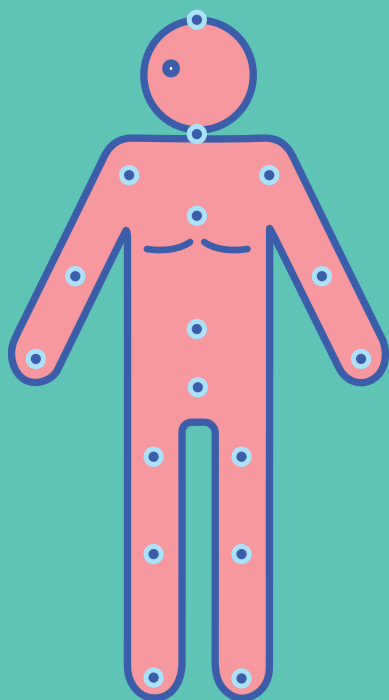
No = 2 Blinks

1 Left Wink
1 Blink
1 Right Wink

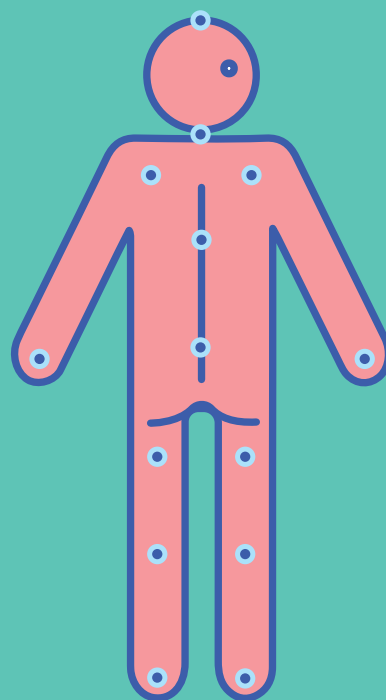


Wash

Point at each part
and wait for reaction



FRONT

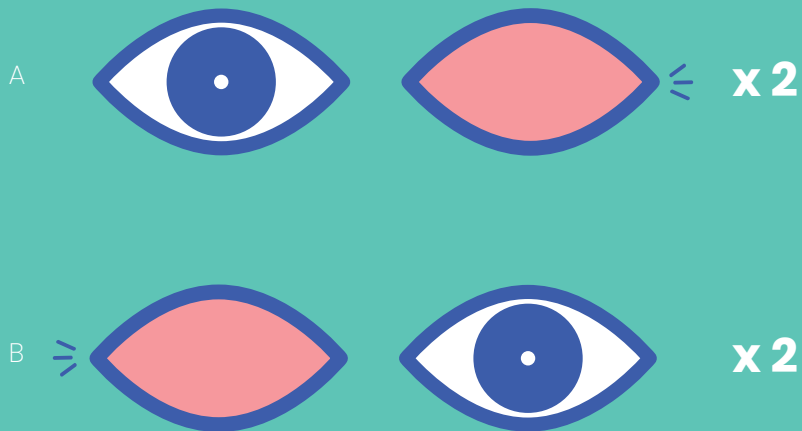


BACK

Yes = 1 Blink

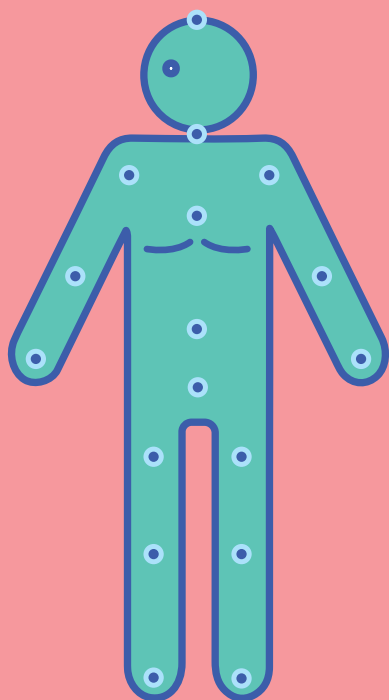
No = 2 Blinks

2 Right winks
2 Left winks

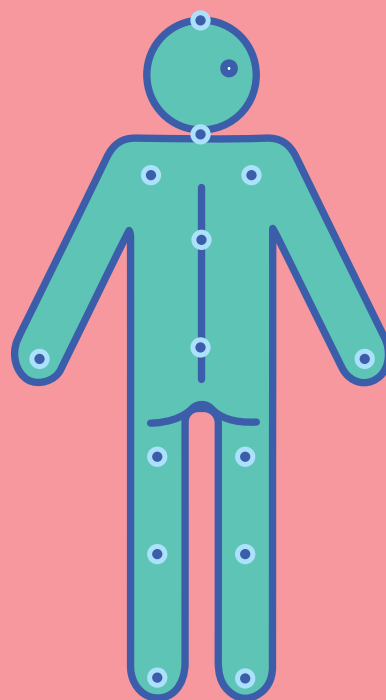


Scratch

**Point at each part
and wait for reaction**



FRONT

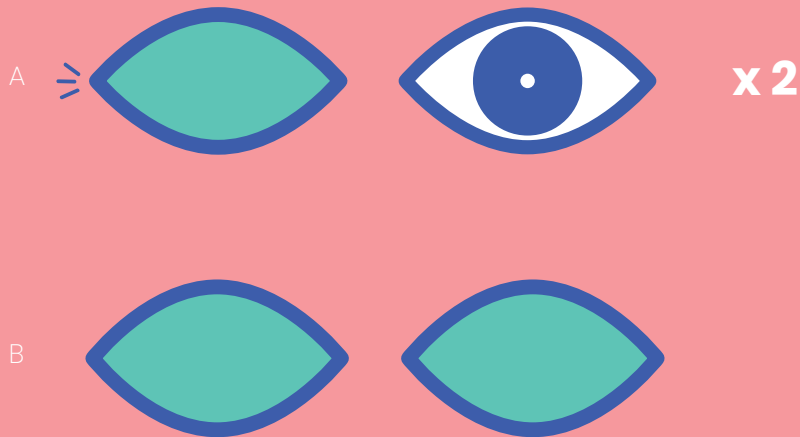


BACK

Yes = 1 Blink

No = 2 Blinks

2 Winks
1 Blink



Change

**Point at each option
and wait for reaction**



CLOTHES



**PILLOW /
PILLOW COVER**



DIAPER

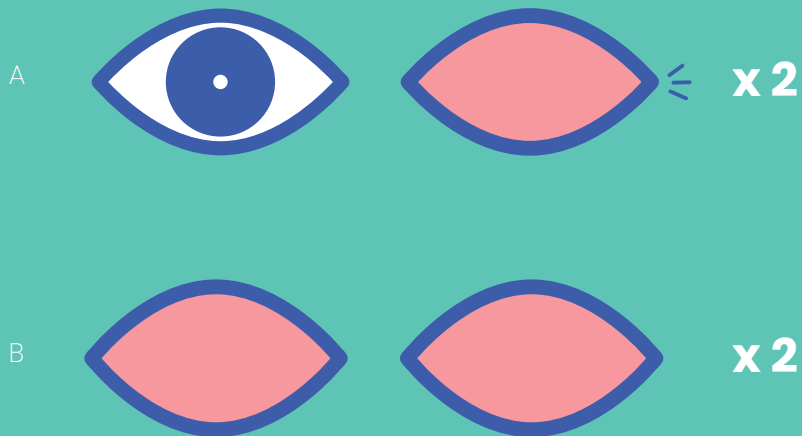


**BEDSHEET /
BLANKET**

Yes = 1 Blink

No = 2 Blinks

2 Winks 2 Blinks



Adjust

**Point at each option
and wait for reaction**



BLANKET



CLOTHES



SPECS



HAIR



PILLOW

Yes = 1 Blink

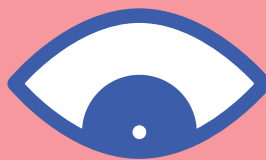
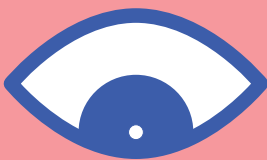
No = 2 Blinks

1 Up
1 Down
1 Wink

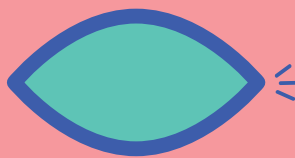
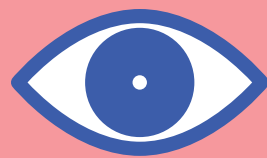
A



B



C



Happy

BIRTHDAY / ANNIVERSARY / FESTIVAL / MOTHER'S DAY

1 Up
1 Down
2 Winks

A



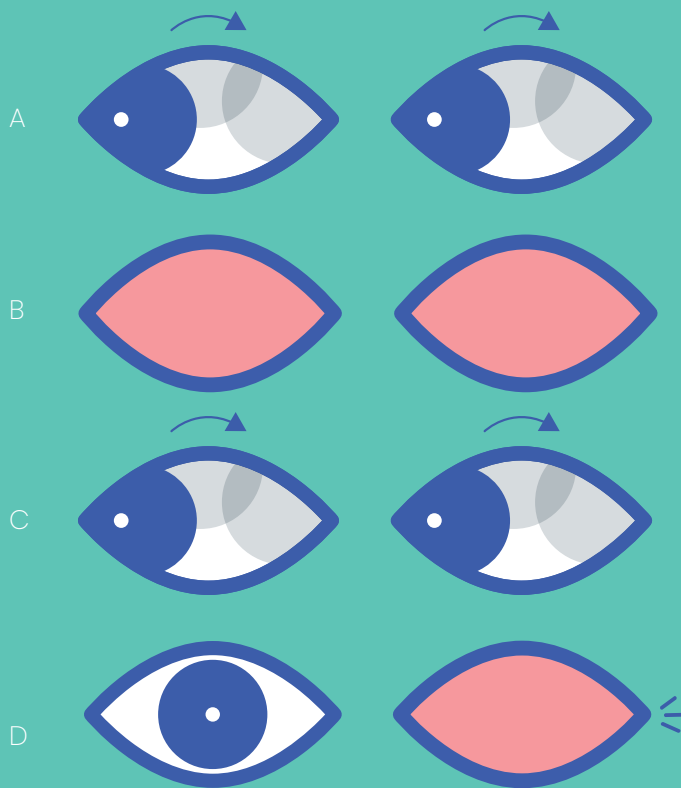
B



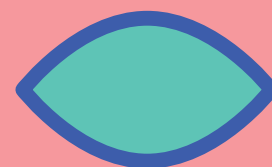
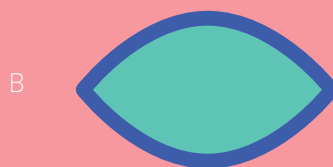
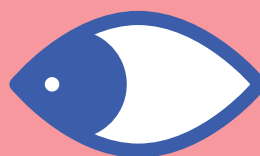
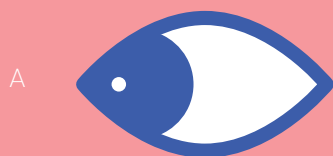
C



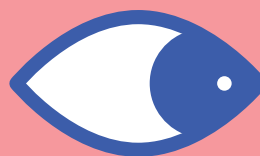
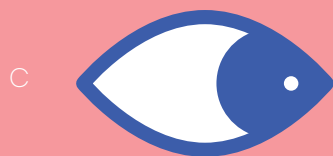
1 Roll
1 Blink
1 Roll
1 Wink



**1 Left
2 Blinks
1 Right**

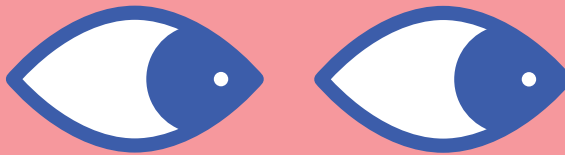


x 2

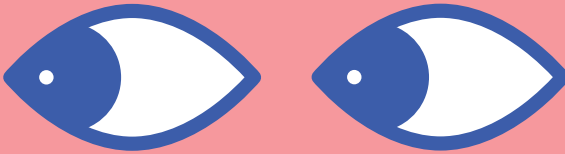


**1 Right
1 Left
3 Blinks**

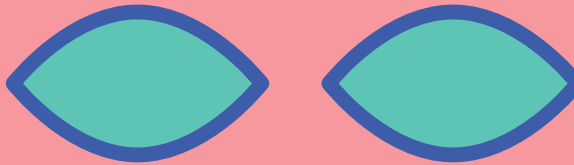
A



B



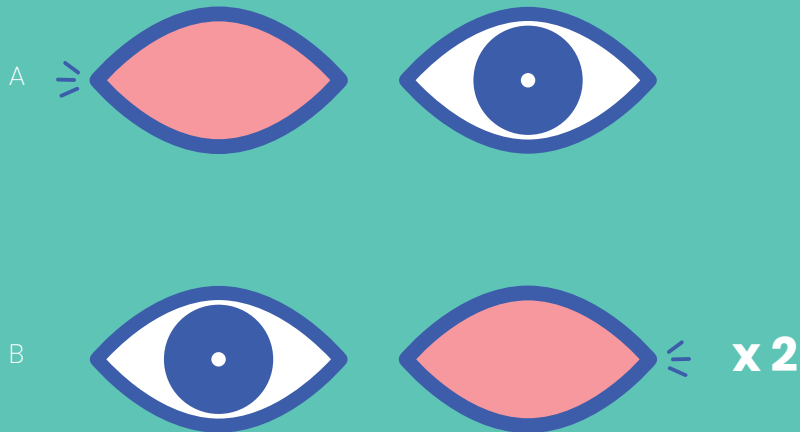
C



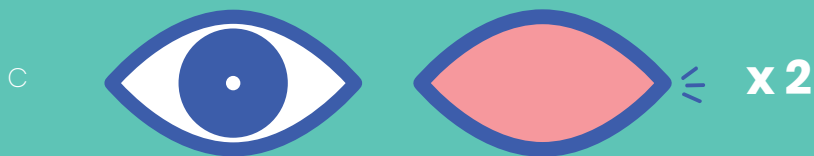
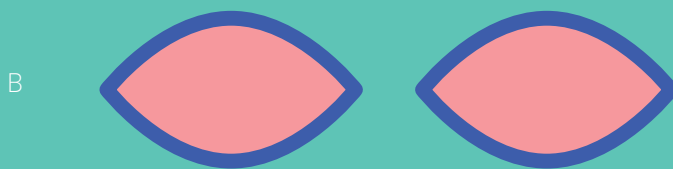
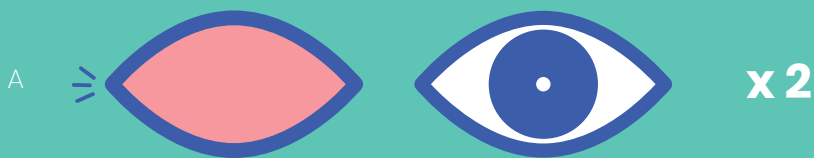
x 3



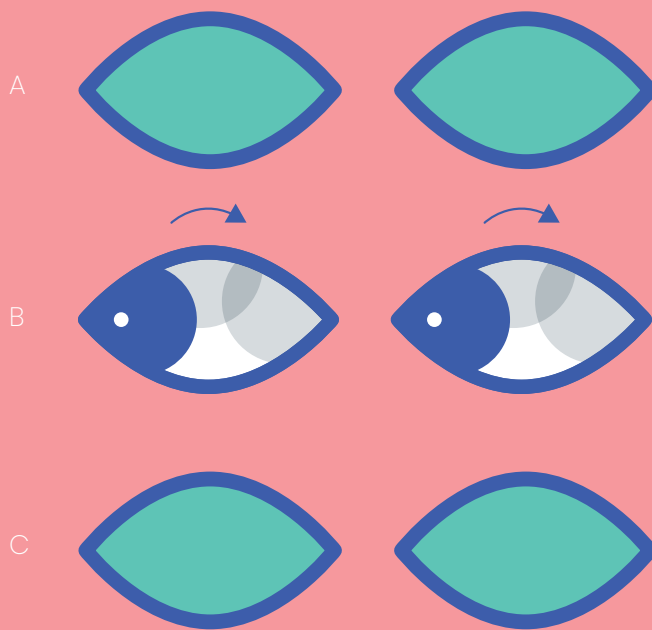
1 Left wink 2 Right winks



2 Left winks
1 Blink
2 Right winks



1 Blink
1 Roll
1 Blink



Alphabet page

A

1 Blink

B

1 Blink
1 Wink

C

1 Blink
1 Up

D

1 Blink
1 Roll

E

1 Blink
1 Left

F

1 Blink
1 Right

G

1 Blink
1 Blink

H

1 Wink

I

1 Wink
1 Up

J

1 Wink
1 Roll

K

1 Wink
1 Left

L

1 Wink
1 Right

M

1 Wink
1 Wink

N

1 Wink
2 Winks

O

1 Roll

P

1 Roll
1 Roll

Q

1 Up

R

1 Up
1 Down

S

1 Up
1 Left

T

1 Up
1 Right

U

1 Up
1 Up

V

1 Right

W

1 Right
1 Left

X

1 Right
1 Right

Y

1 Left

Z

1 Left Wink
1 Right Wink

INDEX

Start / Stop	8	I need a hug	33
Wrong	9	Let's talk	34
Yes	10	Let's go out in the open	35
No	11	I want to go home	36
I'm okay	12	I want to meet my pet	37
I'm not okay	13	Congratulations!	38
Call guardian	14	I'm proud of you	39
Call doctor	15	I'm in pain	40
I want to sleep	16	Change position	42
Breathlessness	17	LIE STRAIGHT / TURN LEFT OR RIGHT / SIT	
Water	18	I feel like eating	44
Toilet	19	FRUITS / MY FAVOURITE / COLD BEVERAGE / DESSERT / SPICY FOOD / HOT BEVERAGE	
Heartache	20	Entertainment	46
How are you?	21	MUSIC / NEWSPAPER / TABLET / TV / MOVIE	
Emergency	22	Electrical appliance	48
DIZZINESS / CRAMPS / NOSE BLOCK / CHOKING / PALPITATIONS		FAN / AC / LIGHT / TV / HEATER	
Danger	24	Wipe	50
SOMEONE IS HURTING ME / THIEF / SEXUAL ABUSE / CALL POLICE		Move	52
I have a problem	26	Massage	54
FEELING COLD / I WANT TO SPIT / FEELING HOT / FOOD STUCK IN TEETH / HEADACHE		Hold	56
Transfer	28	Lift	58
CHAIR / BED / SOFA / WHEELCHAIR / DINING TABLE		Wash	60
I love you	30	Scratch	62
I'm sorry	31	Change	64
Thank you	32	CLOTHES / PILLOW / PILLOW COVER / DIAPER / BEDSHEET / BLANKET	
		Adjust	66
		PILLOW / CLOTHES / SPECS / HAIR / BLANKET	

INDEX

Happy BIRTHDAY / ANNIVERSARY / FESTIVAL / MOTHER'S DAY	68
-----	69
-----	70
-----	71
-----	72
-----	73
-----	74
Alphabet page	75

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BLINK TO SPEAK

EYE LANGUAGE GUIDE **ENGLISH**

Spine